



Training standards and Competencies

Bioregulatory Medicine Training Standards

Standards of Competencies and Specialisation are regulated by the Specialist Board at ISBM (SBBM) that sets specialisation standards in Bioregulatory Medicine, required towards joining specialist register of British Society for Bioregulatory Medicine.

- To receive adequate structured 'in-house' and guided 'Self-study' teaching, and supported Learning Guidelines in covering the syllabus parameters to achieve the aims of the Course
- To be aware of tutor support facilities, administrative support facilities and their easy and regular availability; each student will have a designated 'Personal Tutor'
- To receive comprehensive teaching in a consistent style of approach, with continuous assessment procedures, together with attainment monitoring, and total guidelines of subject knowledge, methodology and 'need to know' parameters
- Specialist training lasts one year of combined theory and practical application of bioregulatory modalities, according to the educational programme set by SBBM (programme is continually updated)
- Required standard to all national register thus warrant continual professional education and maintaining high level of practice for bioregulatory specialists within the specialist register.
- Requirement for taking specialist course are outlined in the curriculum document, comprising previous medical undergraduate education; medical or veterinary doctors, naturopathic doctors or complementary practitioners with long experience in the complementary field leading to approval by national society register for undertaking specialisation.



Training Standards and Competencies

- Specialisation is completed by passing board certified exam and thesis that is implemented by national register in cooperation and supervision by the SBBM, who is issuing a final specialist certificate as a requirements to join specialist register of a national body

Bioregulatory Medicine Specialist Competencies

- Taking Bioregulatory anamnesis of correlative psycho-mental and physiological systems signs of imbalance (dis-ease)
- Diagnose according to parameters of disease progression and multifactorial aetiology, in addition to laboratory tests (see below) that corroborate faulty homeostatic system(s) involved in pathogenesis
- Bioregulatory diagnostic laboratory tests, as described in specialist coursebook, are interpreted on the basis faulty homeostatic system (basic blood tests, vitamins, minerals, antioxidants, allergy/sensitivity tests, hormonal, neurotransmitters profile tests and similar assessments)
- Bioregulatory therapeutical protocol is comprised according to the training programme, based on balancing higher and lower systems levels and removing systems' dysregulation factors.
- Bioregulatory competencies include treatment of detoxification, prescription of nutraceuticals, homeotherapeuticals and adjuvant therapies as described in specialist coursebook
- Bioregulatory training competencies include bodywork techniques; psychosomatic bodywork and neurovegetative treatment
- Bioregulatory invasive treatment are subspecialist disciplines outside main programme, that requires subspecialist training within the fifth module and includes: segmental mesotherapy, dry needling and bio-puncture

*Subspecialist invasive bioregulatory therapies, which requires additional subspecialist training are depicted in Module 5 of post specialist continual professional training
Specialist on register also must comply with the national regulations set out by their appropriate regulating body*



Training Standards and Competencies

Bioregulatory Medicine Specialisation Objectives

- Promote integrative, cost effective and gentle, causative treatment suited for prevalence of chronic, degenerative and malignant disorders of modern times
- To create training as a reflection of multilevelled patients function, be it psychosomatic, bioenergetic-vitalistic, nutritional or environmental
- Update concept of linear and unifactorial ICD classification of disease, toward system-orientated multifactorial procols
- Introduce system biology and concept of probability of morbid parameters algorithm and introduce concept of dysregulatory factors in order to enable diagnosis and treatment of homeostatic self-regulation
- Update pharmacology with homeotherapeutical concept of minimal dosage, away from side-effect prone medication
- Substantially diminishes need for an aggressive type of pharmacological treatments and decrease iatrogenic effects
- Introduce preventative and presomatic diagnosis and treatment in order to halt disease process at the early formative stages
- Diagnosis and treatment of unclassified medical conditions, with mixed (multisystem) clinical pictures
- Identifes subtle but cumulative environmental factors of disease, and introduce environmental medicine into main stream
- Complementary and conventional techniques merged into unified Integrated treatment within the personalised programme
- Reflective practice and continual professional development
- An understanding patients' physical, emotional, bioenergetic and ever evolving inner awareness of spiritual needs
- Patients' opportunity to transform the illness crises into the personal growth and balance